

## SICK ON BOARD SHIP

How to Prepare Against the Disease agreeable Nausea.

## RULES FOR EATING FIRST DAY

One Must Keep in Motion to Acquire the Motion of the Ship—Notes For and About Women.

There are countless remedies suggested to the seasick traveler by means of which hope of speedy recovery is held out, and to the intending traveler by sea it is safe to say that there are given any number of supposed-to-be sure preventives of this troublesome but never dangerous illness.

Truth, gained by sad experience, compels us to state that we do not believe that there is any known herb, drug or

ing night of her performance, next Wednesday, in New York. She said that she sang Beethoven's great aria fifty or sixty times with Thomas when on her last tour in America. She was called "Abebschulher Materma" then, and does not want to repeat the same experience.

## Women Speculators.

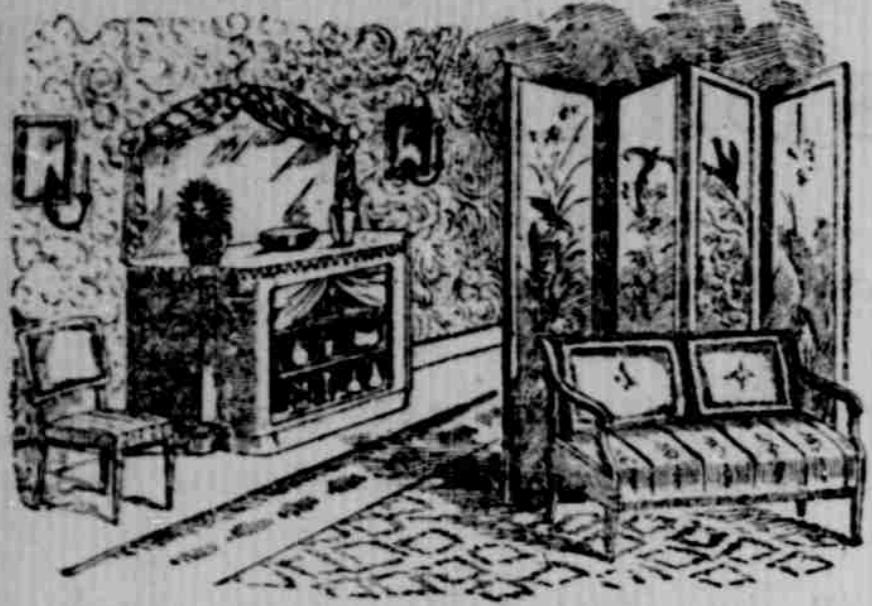
"You have no idea how many of our women of society are speculators," said a well known broker, "and plucky ones, too, taking their losses and gains with all the cool stoicism of old gamblers during the great 'slump' in a certain stock a month or so ago, as I was going down to Hempstead in the train and was deep in the last edition. I felt myself touched on the shoulder. Turning around, I saw pretty Mrs. — who had always considered the most simple, quiet little creature imaginable. 'Please tell me the last quotation in reading,' she hisped, and as I read it out I saw by her face that it was no idle question.

"There goes my new spider phæton," she said, with a sigh. "I can't pay for it now; my brokerage limit was—and I was all sold out!"

Sometimes husband and wife are equally speculative. I know one couple who live like children on a seasaw—

"Now we go up, up, up,

And now we go down, down, down—



SUGGESTION FOR ROOM ARRANGEMENT.

line of action that will prevent seasickness if once you start in on that disagreeable path, but there are many things that help to ward off an attack which, if indeed, will prove value to those who dread so much the crossing of the great Atlantic or Pacific ferries.

It is advisable before one starts on such a voyage to be particularly careful as to their diet. On the first day out keep as much upon the feet as possible, and do not be tempted to eat too heavily, of the numerous palatable dishes that will be set before you. Walking up and down the deck continuously is advised by many as a good preventive to the motion of the vessel in this exercise, and the fatigue which it induces brings the much needed sleep. But it is useless to wear one's self out hoping to stave off the feeling of nausea if it once attacks you.

Lessons are most grateful to persons in this stage, and there is no better set of an unruly stomach than feed champagne. If you do not feel inclined to eat, do not force yourself to do the task, for it is too dangerous to one that the very sight of food will make you retire ungraciously from the festive board. A well known medical man advises that fifteen grains of sulphate of quinine taken from two to four hours before sailing will prevent all feeling of seasickness, even to a most sensitive subject. Whether this applies in all cases we have no way of ascertaining, but it is simple enough to be followed out, and if it proves helpful is worth all of the confidence such an authority places in it.—Philadelphia Times.

## Women Like to Be Involved.

Women take too kindly to the role of invalid; the soft, the fleecy white shawl, the little cups of beef tea or

and are quite as cheerful about it. One French maid will have her Victoria and French clothes, and they will give charming little dimples of fashionable Bohemia, and the next year they will have a couple of rooms at some summer hotel at Staten Island or New Jersey, where they can live cheap through the winter. But they are always well dressed, frank, agreeable and apparently happy, whether they are up or down."

## Baroness de Rothschild.

The Baroness Nathaniel de Rothschild appeared on the drive at Cannes the other morning handling the reins over a magnificent four-in-hand, and dressed superbly. She was wearing some sort of black gown, impossible to analyze as a complex piece of French cookery. All that remained after she had passed was the impression of its exquisite outlines—all but the tiny bonnet on her head, its seal and chief ornament silhouetting itself against the blue waters of Napoleone and becoming distinct to the eye. It was in its consequential part a semi-circular fan of black lace that stood above the forehead and radiated from an enormous carbuncle. From this center radiated also spines set with smaller stones.

## To Keep Food Warm.

Instead of putting food into the oven to keep hot for late comers, try covering it closely with a tin and setting it over a basin of hot water. This plan will keep the food hot and at the same time prevent it from drying.

## Ouida's Losses.

Ouida is reported to have suffered recently a severe financial loss. Corroborative evidence is offered by the fact that she has left her magnificent residence, the Villa Ouida, in the suburbs of Florence, and taken a suite of rooms in the city itself.

## Household Hints.

A free application of soft soap to a fresh burn almost instantly removes the fire from the flesh. If the injury is very severe, as soon as the pain ceases apply linseed oil, and then dust over with fine flour. When this covering dries hard, repeat the oil and flour dressing till a good coating is obtained. When the latter dries, allowing it to stand until it cracks and falls off, as it will do in a day or two, and a new skin will be found to have been formed where the skin was burned.

Silve soap—for cleaning silver and britannia: One-half pound of soap, three tablespoonsfuls of spirits of turpentine and half a tumbler of water. Let it boil ten minutes; add six tablespoons of spirits of hartshorn. Make a suds of this and wash silver with it.

Articles of food that are damp or juicy should never be left in paper. Paper is merely a compound of rags, glue, lime, and similar substances, with acids and chemicals intermixed, and when damp is unfit to touch things that are to be eaten.

To take iron mould out of linen hold the spots over a tankard of boiling water and rub with juice of sorrel and salt, and when the cloth is thoroughly wet dip quickly in lye and wash at once.

Some housekeepers serve lemon with mint, but most people prefer a combination of tart and sweet, as in mint sauce, sweets or fruit jellies.

A great deal of unpleasant odor from boiling vegetables may be avoided by putting a piece of bread into the water with the vegetables.

A garge of hot claret often affords much relief in cases of acute sore throat.

## To the World's Fair.

A very pleasant way to go to Chicago is via the D. G. H. & M. Ry. and Goodrich Line. You can leave Grand Rapids at 4:30 p. m.; arrive Chicago 6 a. m. Returning, leave Chicago at 7:30 p. m.; arrive at Grand Rapids 6:30 a. m. The fare

## METHOD OF ARRANGING BACK COIL WITH PLATE.

plates of oysters. Once let a woman taste the dreamy pleasure of this sort of existence, and unless some shock or sense of duty prevents her, she will certainly continue for the rest of her life in the pleasant path before her. She smiles sweetly at the little attentions offered her, she dresses in the quaintest semi-tonics, and she looks so pretty and genial and patient that it seldom dawns upon the husband that the existence is an impossible one. But let my lord fall ill, and on, dear, what a different tale to tell! The valet comes flying from the room followed by a boot, the cook gives notice because the master called the beef tea "the best stuff"; the housemaid is in tears because he is not allowed to sweep or dust the sick room. Man, noble man, is a pitiful object when he is sick. Get him thoroughly ill and he is a better put-out than a woman. But if he is merely laid up for a day or two with a cold or bilious attack he presents a sturdy kick, instead of wistfully enjoying the rest which a benevolent nature has imposed upon him.—From the London Hospital.

## Materna's Return Visit.

Maria Materna is four years younger than Patti, and she has just returned to this country for the first time in seven years. If the famous German soprano's voice turns out to be worn it will be said that the terrible strain of singing the unnatural music of Wagner's works has worn the voice out. But Patti's voice is very badly worn. She no longer attempts to sing such florid passages as she did two years ago, and she cannot get up to her former brilliant high notes at all. It must have been the terrible strain of singing "Home, Sweet Home" that did the damage. Materna says that she does not wish to sing the Abelschulher, from "Fidelio," on the open



METHOD OF ARRANGING BACK COIL WITH PLATE.

Leave Grand Rapids as follows:

10:05 a. m., arrive Chicago 4:10 p. m.  
11:20 p. m., arrive Grand Rapids 6:30 a. m.

Both trains stop at Midway Pleasure and Hyde Park.

Returning trains leave Chicago 12th street station as follows:

3:10 p. m., arrive Grand Rapids 8:35 p. m.

10:10 p. m., arrive Grand Rapids 6:45 a. m.

Secure sleeping and parlor car space of A. Almquist, ticket agent, Union station. Telephone No. 688.

## Changed Hands.

The sample room for so many years owned by C. Killinger, located on Crescent avenue, has changed hands, and Ph. Waltz is now the owner. Mr. Waltz invites all his friends to visit him in his new locality. He will conduct the establishment in the same orderly way his predecessor always did.

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is the same as for the rest of the Standard.

**DR. PRICE'S Cream Baking Powder.**  
The only Pure Cream of Tartar Powder—No Ammonia; No Alum. Used in Millions of Homes—40 Years the Standard.

Waltz's return visit.

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for the round trip is only \$5.50, including berths or staterooms, which can be secured in advance at the D. G. H. & M. Ry. city office, 23 Monroe street. When you go just give this route a trial; you will have a good night's rest and no dust.

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**Mr. Chas. B. Jones and wife**  
**Mr. H. T. Presburg and wife**  
**Rev. J. I. Buell and wife**  
**Mr. J. G. Hobson and wife**  
**Mr. L. D. Putnam and wife**  
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**Mr. G. O. Perkins, Judge of Probate**

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